Hello and thank you for signing up for our Hocking Hills Adventure Trip at Camp Carl! We appreciate your patience in waiting for these details to get to you. Here is some important information for you concerning your trip and what'll need to be prepared for an amazing week!

# DROP OFF & PICK UP

Drop off and pick up will be just like a regular week at camp. Once you arrive registration will be in the lodge and the camp store will be open!

**Registration**: June 18 at 5pm **Pick Up**: June 23 at 3pm

### TRIP ITINERARY

Sunday and Monday we will stay at Camp Carl and participate in some of camp's more exciting adventure activities like the tower, zip-line, boats, and mountain bikes. We will leave camp Tuesday morning for the Hocking Hills in southern Ohio.

Upon arrival we will spend some time hiking to and exploring Ash Cave. In the evening we will head to our campground in Hocking Hills State Park and enjoy dinner around the campfire. On Wednesday morning we'll embark on a day hike through the park from Old Man's cave to Cedar Falls with plenty of time to stop and enjoy the sites. We'll learn about how to prepare for a long hike and how to stay safe on the trail. In the afternoon, the group will set out on an exciting zip-line, canopy tour led by Hocking Hills Canopy Tours.

Thursday morning we will hit the water on a 9 mile canoe trip down the scenic hocking river outfitted by Hocking Hills Adventures. After our river adventure we'll pack up and make our way back to camp for dinner!

#### **TRIP WAIVERS**

Every participant will need their parent/guardian complete **TWO** additional waivers from partnering adventure outfitters "Hocking Hills Adventures," and "Hocking Hills Canopy Tours." Please complete both and bring a paper copy of the waiver for the canopy tour as it is print only.

Hocking Hills Adventures Waiver: (Online Form)
<a href="http://www.hockinghillscanoeing.com/participantagreement.html">http://www.hockinghillscanoeing.com/participantagreement.html</a>

Hocking Hills Canopy Tours Waiver: (Requires a printer)
<a href="http://www.hockinghillscanopytours.com/images/waiver-release.pdf">http://www.hockinghillscanopytours.com/images/waiver-release.pdf</a>

# TRIP LEADERS

This trip will be led by **Tim Knight** along with our adventure counselors **Danielle Fate** and Isaiah Rios.

Tim recommitted his life to Christ while serving as an Army Officer on the Korean border in 1988. He and his wife, Pam, met at The Chapel in 1994, and they have two children - Jaclyn (18) and Justin (17). Tim is volunteer leader for Camp Carl Adventures and brings a wealth of outdoor experience from West Point, military service, father-son trips, and Boy Scouts. He is certified in Wilderness First Aid and CPR.



### PACKING LIST

Since this trip involves camping, canoeing and moderate hiking, a few important items will be necessary that might not be for a normal week of camp. We will supply tents, foam pads for sleeping, first aid kits and all other specialty items.

Every camper going on the adventure trip will receive a headlamp and Nalgene water bottle courtesy of camp! Here are some items specific to the adventure trip you'll want to bring.

#### **CAMPING & HIKING**

- + Warm Sleeping Bag and Pillow
- + Sturdy Hiking Shoes or Boots
- + Moisture wicking (non-cotton) socks + A small backpack for day hikes
- + Rain Jacket or a packable Poncho
- + Toiletries and Towel
- + Bug Spray and Sunscreen
- + 1-2 water bottles (At least 1 liter capacity)
- + Flash light or headlamp

#### **CANOE TRIP**

- + Completed online waiver for Hocking Hills Adventures
- + Swim Trunks and Towel
- + Water shoes, old tennis shoes or sandals with straps
- + Sunscreen!

#### **CANOPY TOUR**

- + Signed waiver for Hocking Hills Canopy Tours
- + Closed toed shoes

We're excited you're going to join us on this trip and we look forward to a great adventure! Contact Patrick Jackson, the Director of Adventure Trips at 330-315-5612 or Patrick.jackson@campcarl.life if you have any further questions.